



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Rattmann, Ellen

Club: FSV 1950 Gotha

Number: 331

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:26:24

Speed: 9.02 km/h

Running performance: 6:26 min/km

Rank in course/Total: 301 (of 380)

Rank in course/Women: 27 (of 86)

Best time in course: 1:41:23

Rank in category: 9(of 26)

Best time in the category: 2:00:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total	Total	Total	Pos	Behind	Pos	Behind
								km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.25	17:33	5:24	7	1:32	29	2:43	3.25	17:33	5:24	7	1:32	29	2:43
Lap 2	3.25	20:07	6:11	21	3:25	67	7:19	6.50	37:40	5:47	13	4:43	49	9:52
Lap 3	3.25	21:27	6:35	23	4:15	69	6:59	9.75	59:07	6:03	21	8:54	59	16:51
Lap 4	3.25	21:34	6:38	17	4:04	61	6:55	13.00	1:20:41	6:12	17	12:58	61	23:46
Lap 5	3.25	20:58	6:27	17	3:24	51	6:13	16.25	1:41:39	6:15	17	16:08	55	29:59
Lap 6	3.25	22:59	7:04	17	5:21	59	8:06	19.50	2:04:38	6:23	17	21:29	53	38:05
Last lap Finish	3.25	21:46	6:41	17	4:53	49	6:56	22.75	2:26:24	6:26	17	26:08	53	45:01