



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Weber, Hendrik

Club: SV Beuna

Number: 309

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:27:32

Speed: 8.95 km/h

Running performance: 6:29 min/km

Rank in course/Total: 311 (of 380)

Rank in course/Men: 127 (of 294)

Best time in course: 1:32:06

Rank in category: 13(of 32)

Best time in the category: 1:41:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:11	5:35	17	3:11	219	6:01	3.25	18:11	5:35	17	3:11	219	6:01
Lap 2	3.25	19:55	6:07	29	7:07	259	9:08	6.50	38:06	5:51	25	10:18	245	13:18
Lap 3	3.25	20:35	6:19	29	6:07	269	7:21	9.75	58:41	6:01	27	16:25	253	20:31
Lap 4	3.25	21:43	6:40	29	7:04	271	8:27	13.00	1:20:24	6:11	29	23:29	263	28:45
Lap 5	3.25	21:49	6:42	29	7:05	273	8:22	16.25	1:42:13	6:17	29	30:34	267	36:47
Lap 6	3.25	22:25	6:53	29	7:32	259	9:09	19.50	2:04:38	6:23	29	38:06	265	45:43
Last lap Finish	3.25	22:54	7:02	25	8:04	249	10:49	22.75	2:27:32	6:29	25	46:10	253	55:26