



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Feldhaus, Michael

Club: Team Lula Bar

Number: 217

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:29:40

Speed: 8.82 km/h

Running performance: 6:35 min/km

Rank in course/Total: 317 (of 380)

Rank in course/Men: 130 (of 294)

Best time in course: 1:32:06

Rank in category: 23(of 48)

Best time in the category: 1:32:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:27	5:40	43	5:34	231	6:17	3.25	18:27	5:40	43	5:34	231	6:17
Lap 2	3.25	20:06	6:11	43	9:19	267	9:19	6.50	38:33	5:55	43	13:14	253	13:45
Lap 3	3.25	20:31	6:18	43	7:07	261	7:17	9.75	59:04	6:03	43	20:21	259	20:54
Lap 4	3.25	21:16	6:32	43	8:00	261	8:00	13.00	1:20:20	6:10	45	28:21	261	28:41
Lap 5	3.25	21:47	6:42	47	8:17	271	8:20	16.25	1:42:07	6:17	45	36:38	265	36:41
Lap 6	3.25	23:12	7:08	45	9:46	269	9:56	19.50	2:05:19	6:25	45	46:24	267	46:24
Last lap Finish	3.25	24:21	7:29	47	11:01	259	12:16	22.75	2:29:40	6:34	45	57:25	259	57:34