



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Nymann, Louise

Club: Troldeungerne

Number: 338

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 2:31:12

Speed: 8.73 km/h

Running performance: 6:39 min/km

Rank in course/Total: 321 (of 380)

Rank in course/Women: 31 (of 86)

Best time in course: 1:41:23

Rank in category: 6(of 14)

Best time in the category: 2:00:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women	km	Time				Pos Women	Behind Women
Lap 1	3.25	18:23	5:39	11	2:30	47	3:33	3.25	18:23	5:39	11	2:30	47	3:33
Lap 2	3.25	21:02	6:28	11	5:25	73	8:14	6.50	39:25	6:03	11	7:51	63	11:37
Lap 3	3.25	21:49	6:42	11	6:03	71	7:21	9.75	1:01:14	6:16	11	13:54	69	18:58
Lap 4	3.25	22:05	6:47	11	5:50	65	7:26	13.00	1:23:19	6:24	11	19:44	67	26:24
Lap 5	3.25	21:54	6:44	9	4:13	53	7:09	16.25	1:45:13	6:28	11	21:43	65	33:33
Lap 6	3.25	22:40	6:58	11	4:07	57	7:47	19.50	2:07:53	6:33	11	25:50	63	41:20
Last lap Finish	3.25	23:19	7:10	11	5:06	59	8:29	22.75	2:31:12	6:38	11	30:56	61	49:49