



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Balzereit, Anke

Club: Berlin
Number: 223

Course: 22.75 km
Halbmarathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:32:00

Speed: 8.68 km/h
Running performance: 6:41 min/km

Rank in course/Total: 325 (of 380)

Rank in course/Women: 33 (of 86)

Best time in course: 1:41:23

Rank in category: 11(of 26)

Best time in the category: 2:00:16

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-----------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 3.25 | 19:36 | 6:01 | 23 | 3:35 | 69 | 4:46 | 3.25 | 19:36 | 6:01 | 23 | 3:35 | 69 | 4:46 |
| Lap 2 | 3.25 | 20:32 | 6:19 | 23 | 3:50 | 69 | 7:44 | 6.50 | 40:08 | 6:10 | 23 | 7:11 | 73 | 12:20 |
| Lap 3 | 3.25 | 21:15 | 6:32 | 21 | 4:03 | 67 | 6:47 | 9.75 | 1:01:23 | 6:17 | 23 | 11:10 | 71 | 19:07 |
| Lap 4 | 3.25 | 21:38 | 6:39 | 19 | 4:08 | 63 | 6:59 | 13.00 | 1:23:01 | 6:23 | 21 | 15:18 | 65 | 26:06 |
| Lap 5 | 3.25 | 22:15 | 6:50 | 21 | 4:41 | 65 | 7:30 | 16.25 | 1:45:16 | 6:28 | 21 | 19:45 | 67 | 33:36 |
| Lap 6 | 3.25 | 23:11 | 7:08 | 19 | 5:33 | 61 | 8:18 | 19.50 | 2:08:27 | 6:35 | 21 | 25:18 | 65 | 41:54 |
| Last lap Finish | 3.25 | 23:33 | 7:14 | 19 | 6:40 | 61 | 8:43 | 22.75 | 2:32:00 | 6:40 | 21 | 31:44 | 65 | 50:37 |