



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Wendler-Ruess, André

Club: LT Bernd Hübner

Number: 131

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 3:01:10

Speed: 7.29 km/h

Running performance: 7:58 min/km

Rank in course/Total: 353 (of 380)

Rank in course/Men: 140 (of 294)

Best time in course: 1:32:06

Rank in category: 15(of 32)

Best time in the category: 1:41:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:51	5:48	27	3:51	255	6:41	3.25	18:51	5:48	27	3:51	255	6:41
Lap 2	3.25	18:44	5:45	21	5:56	237	7:57	6.50	37:35	5:46	21	9:47	237	12:47
Lap 3	3.25	18:39	5:44	19	4:11	225	5:25	9.75	56:14	5:46	21	13:58	231	18:04
Lap 4	3.25	18:47	5:46	19	4:08	205	5:31	13.00	1:15:01	5:46	21	18:06	225	23:22
Lap 5	3.25	19:06	5:52	19	4:22	205	5:39	16.25	1:34:07	5:47	19	22:28	221	28:41
Lap 6	3.25	19:43	6:03	19	4:50	203	6:27	19.50	1:53:50	5:50	19	27:18	211	34:55
Last lap Finish	3.25	1:07:20	20:43	29	52:30	277	55:15	22.75	3:01:10	7:57	29	1:19:48	279	1:29:04