



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Stolzis, Bernd

Club: TUS Brauweiler

Number: 110

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:42:45

Speed: 11.31 km/h

Running performance: 5:16 min/km

Rank in course/Total: 45 (of 250)

Rank in course/Men: 22 (of 212)

Best time in course: 2:57:03

Rank in category: 4(of 36)

Best time in the category: 3:06:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:58	4:36	3	0:52	33	2:07	3.25	14:58	4:36	3	0:52	33	2:07
Lap 2	3.25	16:15	5:00	7	2:07	57	3:22	6.50	31:13	4:48	7	2:59	45	5:29
Lap 3	3.25	16:20	5:01	7	1:56	49	3:30	9.75	47:33	4:52	7	4:55	49	8:59
Lap 4	3.25	16:41	5:08	9	2:34	63	3:35	13.00	1:04:14	4:56	7	7:29	51	12:34
Lap 5	3.25	16:59	5:13	11	2:54	77	4:16	16.25	1:21:13	4:59	7	10:23	51	16:20
Lap 6	3.25	16:46	5:09	9	2:44	63	3:36	19.50	1:37:59	5:01	7	13:07	51	19:56
Lap 7	3.25	16:50	5:10	5	2:57	49	3:27	22.75	1:54:49	5:02	7	16:04	49	23:23
Lap 8	3.25	17:34	5:24	17	16:50	81	16:50	26.00	2:12:23	5:05	7	19:47	55	27:19
Lap 9	3.25	17:23	5:20	7	3:17	49	3:40	29.25	2:29:46	5:07	7	23:04	53	30:54
Lap 10	3.25	18:17	5:37	13	4:00	73	4:32	32.50	2:48:03	5:10	7	27:04	51	34:59
Lap 11	3.25	18:30	5:41	13	3:30	61	4:45	35.75	3:06:33	5:13	5	30:34	51	38:46
Lap 12	3.25	17:59	5:31	7	2:44	41	4:24	39.00	3:24:32	5:14	5	33:18	47	42:05
Last lap Finish	3.25	18:13	5:36	11	3:00	57	4:21	42.25	3:42:45	5:16	7	36:18	43	45:42