



# 9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

## Detailed evaluation

**Krah, Marcus**

Club: Erlangen

Number: 11

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 3:44:00

Speed: 11.25 km/h

Running performance: 5:18 min/km

Rank in course/Total: 57 (of 250)

Rank in course/Men: 27 (of 212)

Best time in course: 2:57:03

Rank in category: 4(of 14)

Best time in the category: 3:02:07

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	14:29	4:27	5	1:34	23	1:38	3.25	14:29	4:27	5	1:34	23	1:38
Lap 2	3.25	14:29	4:27	5	1:33	25	1:36	6.50	28:58	4:27	5	3:07	25	3:14
Lap 3	3.25	15:19	4:42	5	2:18	37	2:29	9.75	44:17	4:32	5	5:25	25	5:43
Lap 4	3.25	15:29	4:45	5	2:16	39	2:23	13.00	59:46	4:35	5	7:41	25	8:06
Lap 5	3.25	16:00	4:55	7	2:36	41	3:17	16.25	1:15:46	4:39	5	10:17	33	10:53
Lap 6	3.25	16:43	5:08	7	3:15	55	3:33	19.50	1:32:29	4:44	5	13:32	37	14:26
Lap 7	3.25	17:19	5:19	7	3:51	75	3:56	22.75	1:49:48	4:49	5	17:23	41	18:22
Lap 8	3.25	16:05	4:56	5	1:54	31	15:21	26.00	2:05:53	4:50	5	19:17	35	20:49
Lap 9	3.25	22:11	6:49	13	7:46	183	8:28	29.25	2:28:04	5:03	5	26:40	43	29:12
Lap 10	3.25	18:09	5:35	5	3:33	69	4:24	32.50	2:46:13	5:06	5	29:45	47	33:09
Lap 11	3.25	19:08	5:53	11	4:15	87	5:23	35.75	3:05:21	5:11	5	34:00	47	37:34
Lap 12	3.25	19:08	5:53	7	4:03	71	5:33	39.00	3:24:29	5:14	5	37:42	45	42:02
Last lap Finish	3.25	19:31	6:00	9	4:25	93	5:39	42.25	3:44:00	5:18	7	41:53	53	46:57