



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Fürst, Karl

Club: Laufwerk Mosbach

Number: 86

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:47:06

Speed: 11.10 km/h

Running performance: 5:23 min/km

Rank in course/Total: 69 (of 250)

Rank in course/Men: 33 (of 212)

Best time in course: 2:57:03

Rank in category: 9(of 64)

Best time in the category: 3:13:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:14	5:18	21	3:39	85	4:23	3.25	17:14	5:18	21	3:39	85	4:23
Lap 2	3.25	16:19	5:01	13	2:44	59	3:26	6.50	33:33	5:09	17	6:23	73	7:49
Lap 3	3.25	16:57	5:12	23	2:50	93	4:07	9.75	50:30	5:10	19	9:13	75	11:56
Lap 4	3.25	16:24	5:02	11	2:22	55	3:18	13.00	1:06:54	5:08	13	11:35	65	15:14
Lap 5	3.25	16:52	5:11	15	2:42	65	4:09	16.25	1:23:46	5:09	13	14:17	65	18:53
Lap 6	3.25	16:44	5:08	11	2:35	61	3:34	19.50	1:40:30	5:09	15	16:52	67	22:27
Lap 7	3.25	17:07	5:15	15	2:28	65	3:44	22.75	1:57:37	5:10	13	19:20	65	26:11
Lap 8	3.25	17:34	5:24	23	2:50	81	16:50	26.00	2:15:11	5:11	15	22:10	69	30:07
Lap 9	3.25	17:37	5:25	17	2:31	61	3:54	29.25	2:32:48	5:13	15	24:37	69	33:56
Lap 10	3.25	17:53	5:30	15	2:26	57	4:08	32.50	2:50:41	5:15	11	26:51	63	37:37
Lap 11	3.25	18:31	5:41	21	3:23	63	4:46	35.75	3:09:12	5:17	13	28:59	63	41:25
Lap 12	3.25	18:28	5:40	15	3:24	51	4:53	39.00	3:27:40	5:19	13	31:00	63	45:13
Last lap Finish	3.25	19:26	5:58	29	4:44	87	5:34	42.25	3:47:06	5:22	17	34:02	65	50:03