



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Keller, Thea

Club: SV Birkenhard

Number: 163

Course: 42.25 km

Marathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 3:47:06

Speed: 11.10 km/h

Running performance: 5:23 min/km

Rank in course/Total: 70 (of 250)

Rank in course/Women: 3 (of 38)

Best time in course: 3:35:32

Rank in category: 1(of 14)

Best time in the category: 3:47:06

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.25	16:33	5:05	1	-	3	1:00	3.25	16:33	5:05	1	-	3	1:00
Lap 2	3.25	16:38	5:07	1	-	3	1:32	6.50	33:11	5:06	1	-	3	2:32
Lap 3	3.25	17:06	5:15	1	-	5	2:05	9.75	50:17	5:09	1	-	3	4:37
Lap 4	3.25	17:13	5:17	1	-	5	1:53	13.00	1:07:30	5:11	1	-	3	6:30
Lap 5	3.25	16:54	5:11	1	-	5	0:49	16.25	1:24:24	5:11	1	-	3	7:19
Lap 6	3.25	17:15	5:18	1	-	5	0:45	19.50	1:41:39	5:12	1	-	3	8:04
Lap 7	3.25	17:17	5:19	1	-	5	1:34	22.75	1:58:56	5:13	1	-	3	9:38
Lap 8	3.25	17:14	5:18	1	-	5	0:41	26.00	2:16:10	5:14	1	-	5	10:19
Lap 9	3.25	17:42	5:26	1	-	3	0:10	29.25	2:33:52	5:15	1	-	5	10:29
Lap 10	3.25	18:26	5:40	1	-	5	0:47	32.50	2:52:18	5:18	1	-	5	11:16
Lap 11	3.25	17:57	5:31	1	-	3	0:08	35.75	3:10:15	5:19	1	-	5	10:38
Lap 12	3.25	18:51	5:48	1	-	3	1:13	39.00	3:29:06	5:21	1	-	5	10:11
Last lap Finish	3.25	18:00	5:32	1	-	5	1:23	42.25	3:47:06	5:22	1	-	5	11:34