



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

kemptner, Thomas

Club: Wilhelmshaven

Number: 17

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:47:16

Speed: 11.09 km/h

Running performance: 5:23 min/km

Rank in course/Total: 73 (of 250)

Rank in course/Men: 34 (of 212)

Best time in course: 2:57:03

Rank in category: 6(of 36)

Best time in the category: 3:06:27

Intermediate times

Stage score

Total ranking

| Control | Split | | | Pos | | Behind | | Total | | | Pos | | Behind | |
|-----------------|-------|-------|--------|------|-------|--------|-------|-------|---------|--------|------|-------|--------|-------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 3.25 | 15:14 | 4:41 | 7 | 1:08 | 45 | 2:23 | 3.25 | 15:14 | 4:41 | 7 | 1:08 | 45 | 2:23 |
| Lap 2 | 3.25 | 15:38 | 4:48 | 5 | 1:30 | 43 | 2:45 | 6.50 | 30:52 | 4:44 | 5 | 2:38 | 43 | 5:08 |
| Lap 3 | 3.25 | 16:07 | 4:57 | 5 | 1:43 | 47 | 3:17 | 9.75 | 46:59 | 4:49 | 5 | 4:21 | 43 | 8:25 |
| Lap 4 | 3.25 | 16:21 | 5:01 | 5 | 2:14 | 49 | 3:15 | 13.00 | 1:03:20 | 4:52 | 5 | 6:35 | 45 | 11:40 |
| Lap 5 | 3.25 | 16:35 | 5:06 | 5 | 2:30 | 53 | 3:52 | 16.25 | 1:19:55 | 4:55 | 5 | 9:05 | 45 | 15:02 |
| Lap 6 | 3.25 | 16:42 | 5:08 | 5 | 2:40 | 49 | 3:32 | 19.50 | 1:36:37 | 4:57 | 5 | 11:45 | 45 | 18:34 |
| Lap 7 | 3.25 | 17:09 | 5:16 | 13 | 3:16 | 73 | 3:46 | 22.75 | 1:53:46 | 5:00 | 5 | 15:01 | 45 | 22:20 |
| Lap 8 | 3.25 | 17:33 | 5:24 | 13 | 16:49 | 75 | 16:49 | 26.00 | 2:11:19 | 5:03 | 5 | 18:43 | 45 | 26:15 |
| Lap 9 | 3.25 | 17:54 | 5:30 | 15 | 3:48 | 75 | 4:11 | 29.25 | 2:29:13 | 5:06 | 5 | 22:31 | 51 | 30:21 |
| Lap 10 | 3.25 | 18:22 | 5:39 | 15 | 4:05 | 81 | 4:37 | 32.50 | 2:47:35 | 5:09 | 5 | 26:36 | 49 | 34:31 |
| Lap 11 | 3.25 | 19:30 | 6:00 | 17 | 4:30 | 97 | 5:45 | 35.75 | 3:07:05 | 5:13 | 7 | 31:06 | 53 | 39:18 |
| Lap 12 | 3.25 | 20:00 | 6:09 | 19 | 4:45 | 97 | 6:25 | 39.00 | 3:27:05 | 5:18 | 9 | 35:51 | 59 | 44:38 |
| Last lap Finish | 3.25 | 20:11 | 6:12 | 19 | 4:58 | 111 | 6:19 | 42.25 | 3:47:16 | 5:22 | 11 | 40:49 | 67 | 50:13 |