



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Bergmann, Ralf

Club: LAZ Triathlon Mosbach

Number: 113

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:48:31

Speed: 11.03 km/h

Running performance: 5:25 min/km

Rank in course/Total: 81 (of 250)

Rank in course/Men: 38 (of 212)

Best time in course: 2:57:03

Rank in category: 7(of 36)

Best time in the category: 3:06:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	17:14	5:18	13	3:08	85	4:23	3.25	17:14	5:18	13	3:08	85	4:23
Lap 2	3.25	16:19	5:01	9	2:11	59	3:26	6.50	33:33	5:09	11	5:19	73	7:49
Lap 3	3.25	16:45	5:09	9	2:21	69	3:55	9.75	50:18	5:09	11	7:40	69	11:44
Lap 4	3.25	16:35	5:06	7	2:28	59	3:29	13.00	1:06:53	5:08	9	10:08	63	15:13
Lap 5	3.25	16:53	5:11	7	2:48	69	4:10	16.25	1:23:46	5:09	9	12:56	65	18:53
Lap 6	3.25	16:43	5:08	7	2:41	55	3:33	19.50	1:40:29	5:09	9	15:37	63	22:26
Lap 7	3.25	17:08	5:16	11	3:15	67	3:45	22.75	1:57:37	5:10	9	18:52	65	26:11
Lap 8	3.25	17:33	5:24	13	16:49	75	16:49	26.00	2:15:10	5:11	9	22:34	65	30:06
Lap 9	3.25	17:37	5:25	9	3:31	61	3:54	29.25	2:32:47	5:13	9	26:05	65	33:55
Lap 10	3.25	17:54	5:30	11	3:37	61	4:09	32.50	2:50:41	5:15	11	29:42	63	37:37
Lap 11	3.25	18:31	5:41	15	3:31	63	4:46	35.75	3:09:12	5:17	11	33:13	63	41:25
Lap 12	3.25	18:45	5:46	15	3:30	61	5:10	39.00	3:27:57	5:19	13	36:43	69	45:30
Last lap Finish	3.25	20:34	6:19	21	5:21	117	6:42	42.25	3:48:31	5:24	13	42:04	75	51:28