



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Krauß, Raimund

Club: LV Einheit Greiz

Number: 1110

Course: 9.75 km

10 km Lauf

Category:

Senioren M75 (75 und älter)

Total time: 46:21

Speed: 12.62 km/h

Running performance: 4:45 min/km

Rank in course/Total: 83 (of 326)

Rank in course/Men: 40 (of 246)

Best time in course: 34:12

Rank in category: 1(of 2)

Best time in the category: 46:21

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 14:28 | 4:27 | 1 | - | 77 | 3:25 | 3.25 | 14:28 | 4:27 | 1 | - | 77 | 3:25 |
| Lap 2 | 3.25 | 15:40 | 4:49 | 1 | - | 77 | 4:03 | 6.50 | 30:08 | 4:38 | 1 | - | 79 | 7:27 |
| Last lap Finish | 3.25 | 16:13 | 4:59 | 1 | - | 93 | 4:44 | 9.75 | 46:21 | 4:45 | 1 | - | 79 | 12:09 |