



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Hunger, Alexander

Club: WSV Berlin

Number: 29

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:56:18

Speed: 10.66 km/h

Running performance: 5:35 min/km

Rank in course/Total: 97 (of 250)

Rank in course/Men: 46 (of 212)

Best time in course: 2:57:03

Rank in category: 12(of 38)

Best time in the category: 3:00:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:40	5:07	21	3:00	73	3:49	3.25	16:40	5:07	21	3:00	73	3:49
Lap 2	3.25	16:51	5:11	23	3:09	89	3:58	6.50	33:31	5:09	21	6:09	71	7:47
Lap 3	3.25	16:56	5:12	25	2:49	89	4:06	9.75	50:27	5:10	21	8:58	71	11:53
Lap 4	3.25	17:10	5:16	25	3:13	95	4:04	13.00	1:07:37	5:12	23	12:04	79	15:57
Lap 5	3.25	17:37	5:25	27	4:54	113	4:54	16.25	1:25:14	5:14	23	15:44	85	20:21
Lap 6	3.25	17:52	5:29	25	3:53	113	4:42	19.50	1:43:06	5:17	25	19:37	93	25:03
Lap 7	3.25	17:52	5:29	25	3:58	103	4:29	22.75	2:00:58	5:19	25	23:35	91	29:32
Lap 8	3.25	18:39	5:44	27	4:34	121	17:55	26.00	2:19:37	5:22	23	28:09	89	34:33
Lap 9	3.25	19:11	5:54	25	5:28	119	5:28	29.25	2:38:48	5:25	23	33:37	91	39:56
Lap 10	3.25	19:28	5:59	23	5:43	109	5:43	32.50	2:58:16	5:29	23	39:20	97	45:12
Lap 11	3.25	19:55	6:07	21	6:10	109	6:10	35.75	3:18:11	5:32	23	45:30	99	50:24
Lap 12	3.25	19:48	6:05	15	6:13	93	6:13	39.00	3:37:59	5:35	23	51:43	99	55:32
Last lap Finish	3.25	18:19	5:38	15	4:27	65	4:27	42.25	3:56:18	5:35	23	56:10	91	59:15