



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Vater, Aynur

Club: Multisport Darmstadt
Number: 157

Course: 42.25 km
Marathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 3:58:36

Speed: 10.56 km/h
Running performance: 5:39 min/km

Rank in course/Total: 103 (of 250)

Rank in course/Women: 4 (of 38)

Best time in course: 3:35:32

Rank in category: 1(of 10)

Best time in the category: 3:58:36

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.25	19:25	5:58	7	1:36	31	3:52	3.25	19:25	5:58	7	1:36	31	3:52
Lap 2	3.25	18:10	5:35	3	0:14	17	3:04	6.50	37:35	5:46	5	1:50	21	6:56
Lap 3	3.25	17:54	5:30	1	-	9	2:53	9.75	55:29	5:41	3	1:20	17	9:49
Lap 4	3.25	17:39	5:25	1	-	7	2:19	13.00	1:13:08	5:37	3	0:30	15	12:08
Lap 5	3.25	17:09	5:16	1	-	7	1:04	16.25	1:30:17	5:33	1	-	9	13:12
Lap 6	3.25	17:27	5:22	1	-	7	0:57	19.50	1:47:44	5:31	1	-	7	14:09
Lap 7	3.25	17:47	5:28	1	-	7	2:04	22.75	2:05:31	5:31	1	-	7	16:13
Lap 8	3.25	17:50	5:29	1	-	7	1:17	26.00	2:23:21	5:30	1	-	7	17:30
Lap 9	3.25	18:11	5:35	1	-	7	0:39	29.25	2:41:32	5:31	1	-	7	18:09
Lap 10	3.25	18:54	5:48	1	-	7	1:15	32.50	3:00:26	5:33	1	-	7	19:24
Lap 11	3.25	19:14	5:55	1	-	7	1:25	35.75	3:19:40	5:35	1	-	7	20:03
Lap 12	3.25	19:43	6:03	3	0:46	9	2:05	39.00	3:39:23	5:37	1	-	7	20:28
Last lap Finish	3.25	19:13	5:54	3	0:48	9	2:36	42.25	3:58:36	5:38	1	-	7	23:04