



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Theis, Andre

Club: Mülheim Kärlich

Number: 1114

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 46:25

Speed: 11.63 km/h

Running performance: 4:46 min/km

Rank in course/Total: 85 (of 326)

Rank in course/Men: 41 (of 246)

Best time in course: 34:12

Rank in category: 8(of 22)

Best time in the category: 34:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:03	4:37	15	3:43	95	4:00	3.25	15:03	4:37	15	3:43	95	4:00
Lap 2	3.25	15:47	4:51	15	4:10	81	4:10	6.50	30:50	4:44	15	7:53	89	8:09
Last lap Finish	3.25	15:35	4:47	13	4:06	71	4:06	9.75	46:25	4:45	15	11:59	81	12:13