



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Weinknecht, Axel

Club: Berlin
Number: 85

Course: 42.25 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:59:22

Speed: 10.53 km/h
Running performance: 5:40 min/km

Rank in course/Total: 115 (of 250)

Rank in course/Men: 54 (of 212)

Best time in course: 2:57:03

Rank in category: 18(of 64)

Best time in the category: 3:13:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:38	5:25	35	4:03	119	4:47	3.25	17:38	5:25	35	4:03	119	4:47
Lap 2	3.25	16:35	5:06	17	3:00	69	3:42	6.50	34:13	5:15	23	7:03	97	8:29
Lap 3	3.25	17:34	5:24	37	3:27	117	4:44	9.75	51:47	5:18	27	10:30	99	13:13
Lap 4	3.25	16:43	5:08	15	2:41	69	3:37	13.00	1:08:30	5:16	27	13:11	99	16:50
Lap 5	3.25	17:34	5:24	37	3:24	109	4:51	16.25	1:26:04	5:17	27	16:35	97	21:11
Lap 6	3.25	17:14	5:18	23	3:05	83	4:04	19.50	1:43:18	5:17	27	19:40	95	25:15
Lap 7	3.25	18:13	5:36	39	3:34	121	4:50	22.75	2:01:31	5:20	29	23:14	101	30:05
Lap 8	3.25	17:42	5:26	27	2:58	87	16:58	26.00	2:19:13	5:21	25	26:12	87	34:09
Lap 9	3.25	18:15	5:36	27	3:09	83	4:32	29.25	2:37:28	5:23	25	29:17	83	38:36
Lap 10	3.25	18:46	5:46	31	3:19	93	5:01	32.50	2:56:14	5:25	27	32:24	85	43:10
Lap 11	3.25	19:25	5:58	33	4:17	95	5:40	35.75	3:15:39	5:28	29	35:26	87	47:52
Lap 12	3.25	21:35	6:38	43	6:31	133	8:00	39.00	3:37:14	5:34	33	40:34	95	54:47
Last lap Finish	3.25	22:08	6:48	45	7:26	149	8:16	42.25	3:59:22	5:39	35	46:18	107	1:02:19