



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Saykowski, Reiner

Club: TSV Flintbek

Number: 91

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:59:31

Speed: 10.52 km/h

Running performance: 5:40 min/km

Rank in course/Total: 117 (of 250)

Rank in course/Men: 55 (of 212)

Best time in course: 2:57:03

Rank in category: 10(of 36)

Best time in the category: 3:06:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
						Pos Men	Behind Men	Total km	Total Time					Total min/km
Lap 1	3.25	16:30	5:04	9	2:24	65	3:39	3.25	16:30	5:04	9	2:24	65	3:39
Lap 2	3.25	16:40	5:07	11	2:32	75	3:47	6.50	33:10	5:06	9	4:56	61	7:26
Lap 3	3.25	16:50	5:10	11	2:26	77	4:00	9.75	50:00	5:07	9	7:22	63	11:26
Lap 4	3.25	16:57	5:12	17	2:50	81	3:51	13.00	1:06:57	5:09	11	10:12	69	15:17
Lap 5	3.25	17:00	5:13	13	2:55	79	4:17	16.25	1:23:57	5:09	11	13:07	73	19:04
Lap 6	3.25	17:25	5:21	17	3:23	91	4:15	19.50	1:41:22	5:11	11	16:30	73	23:19
Lap 7	3.25	17:39	5:25	17	3:46	95	4:16	22.75	1:59:01	5:13	13	20:16	77	27:35
Lap 8	3.25	18:42	5:45	21	17:58	125	17:58	26.00	2:17:43	5:17	15	25:07	81	32:39
Lap 9	3.25	19:52	6:06	21	5:46	139	6:09	29.25	2:37:35	5:23	15	30:53	85	38:43
Lap 10	3.25	20:13	6:13	19	5:56	131	6:28	32.50	2:57:48	5:28	15	36:49	91	44:44
Lap 11	3.25	20:45	6:23	19	5:45	131	7:00	35.75	3:18:33	5:33	17	42:34	103	50:46
Lap 12	3.25	21:01	6:28	21	5:46	121	7:26	39.00	3:39:34	5:37	17	48:20	103	57:07
Last lap Finish	3.25	19:57	6:08	17	4:44	105	6:05	42.25	3:59:31	5:40	19	53:04	109	1:02:28