



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

ehrhardt, matthias

Club: rheumamän

Number: 92

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:00:44

Speed: 10.47 km/h

Running performance: 5:42 min/km

Rank in course/Total: 121 (of 250)

Rank in course/Men: 57 (of 212)

Best time in course: 2:57:03

Rank in category: 11(of 36)

Best time in the category: 3:06:27

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:09	5:16	11	3:03	83	4:18	3.25	17:09	5:16	11	3:03	83	4:18
Lap 2	3.25	16:53	5:11	17	2:45	91	4:00	6.50	34:02	5:14	13	5:48	87	8:18
Lap 3	3.25	16:50	5:10	11	2:26	77	4:00	9.75	50:52	5:13	13	8:14	85	12:18
Lap 4	3.25	16:54	5:11	15	2:47	77	3:48	13.00	1:07:46	5:12	13	11:01	81	16:06
Lap 5	3.25	17:14	5:18	17	3:09	89	4:31	16.25	1:25:00	5:13	15	14:10	83	20:07
Lap 6	3.25	17:39	5:25	19	3:37	103	4:29	19.50	1:42:39	5:15	17	17:47	89	24:36
Lap 7	3.25	18:11	5:35	19	4:18	115	4:48	22.75	2:00:50	5:18	17	22:05	89	29:24
Lap 8	3.25	19:20	5:56	23	18:36	143	18:36	26.00	2:20:10	5:23	17	27:34	97	35:06
Lap 9	3.25	19:19	5:56	19	5:13	125	5:36	29.25	2:39:29	5:27	17	32:47	101	40:37
Lap 10	3.25	22:14	6:50	25	7:57	175	8:29	32.50	3:01:43	5:35	19	40:44	113	48:39
Lap 11	3.25	21:13	6:31	23	6:13	141	7:28	35.75	3:22:56	5:40	19	46:57	121	55:09
Lap 12	3.25	19:38	6:02	17	4:23	83	6:03	39.00	3:42:34	5:42	21	51:20	119	1:00:07
Last lap Finish	3.25	18:10	5:35	9	2:57	55	4:18	42.25	4:00:44	5:41	21	54:17	113	1:03:41