



# 9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

## Detailed evaluation

**Schuler, Ingrid**

Club: SV Birkenhard

Number: 155

Course: 42.25 km

Marathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 4:03:42

Speed: 10.34 km/h

Running performance: 5:46 min/km

Rank in course/Total: 127 (of 250)

Rank in course/Women: 5 (of 38)

Best time in course: 3:35:32

Rank in category: 2(of 10)

Best time in the category: 3:58:36

Control	Intermediate times								Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women		
Lap 1	3.25	17:49	5:28	1	-	11	2:16	3.25	17:49	5:28	1	-	11	2:16		
Lap 2	3.25	17:56	5:31	1	-	13	2:50	6.50	35:45	5:30	1	-	11	5:06		
Lap 3	3.25	18:24	5:39	3	0:30	15	3:23	9.75	54:09	5:33	1	-	13	8:29		
Lap 4	3.25	18:29	5:41	3	0:50	13	3:09	13.00	1:12:38	5:35	1	-	11	11:38		
Lap 5	3.25	18:10	5:35	3	1:01	9	2:05	16.25	1:30:48	5:35	3	0:31	13	13:43		
Lap 6	3.25	18:33	5:42	3	1:06	9	2:03	19.50	1:49:21	5:36	3	1:37	11	15:46		
Lap 7	3.25	18:45	5:46	3	0:58	9	3:02	22.75	2:08:06	5:37	3	2:35	11	18:48		
Lap 8	3.25	18:46	5:46	3	0:56	9	2:13	26.00	2:26:52	5:38	3	3:31	9	21:01		
Lap 9	3.25	19:33	6:00	3	1:22	11	2:01	29.25	2:46:25	5:41	3	4:53	9	23:02		
Lap 10	3.25	20:16	6:14	3	1:22	9	2:37	32.50	3:06:41	5:44	3	6:15	9	25:39		
Lap 11	3.25	19:39	6:02	3	0:25	9	1:50	35.75	3:26:20	5:46	3	6:40	9	26:43		
Lap 12	3.25	18:57	5:49	1	-	5	1:19	39.00	3:45:17	5:46	3	5:54	9	26:22		
Last lap Finish	3.25	18:25	5:40	1	-	7	1:48	42.25	4:03:42	5:46	3	5:06	9	28:10		