



# 9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

## Detailed evaluation

Schuler, Ingrid

Club: SV Birkenhard

Number: 155

Course: 42.25 km

Marathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 4:03:42

Speed: 10.34 km/h

Running performance: 5:46 min/km

Rank in course/Total: 127 (of 250)

Rank in course/Women: 5 (of 38)

Best time in course: 3:35:32

Rank in category: 2(of 10)

Best time in the category: 3:58:36

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos  |       | Behind |       | Total |         | Total  |      | Total |       | Pos   |  | Behind |  |  |
|-----------------|-------------|---------------|-----------------|------|-------|--------|-------|-------|---------|--------|------|-------|-------|-------|--|--------|--|--|
|                 |             |               |                 | Cat. | Women | Cat.   | Women | km    | Time    | min/km | Cat. | Cat.  | Women | Women |  |        |  |  |
| Lap 1           | 3.25        | 17:49         | 5:28            | 1    | -     | 11     | 2:16  | 3.25  | 17:49   | 5:28   | 1    | -     | 11    | 2:16  |  |        |  |  |
| Lap 2           | 3.25        | 17:56         | 5:31            | 1    | -     | 13     | 2:50  | 6.50  | 35:45   | 5:30   | 1    | -     | 11    | 5:06  |  |        |  |  |
| Lap 3           | 3.25        | 18:24         | 5:39            | 3    | 0:30  | 15     | 3:23  | 9.75  | 54:09   | 5:33   | 1    | -     | 13    | 8:29  |  |        |  |  |
| Lap 4           | 3.25        | 18:29         | 5:41            | 3    | 0:50  | 13     | 3:09  | 13.00 | 1:12:38 | 5:35   | 1    | -     | 11    | 11:38 |  |        |  |  |
| Lap 5           | 3.25        | 18:10         | 5:35            | 3    | 1:01  | 9      | 2:05  | 16.25 | 1:30:48 | 5:35   | 3    | 0:31  | 13    | 13:43 |  |        |  |  |
| Lap 6           | 3.25        | 18:33         | 5:42            | 3    | 1:06  | 9      | 2:03  | 19.50 | 1:49:21 | 5:36   | 3    | 1:37  | 11    | 15:46 |  |        |  |  |
| Lap 7           | 3.25        | 18:45         | 5:46            | 3    | 0:58  | 9      | 3:02  | 22.75 | 2:08:06 | 5:37   | 3    | 2:35  | 11    | 18:48 |  |        |  |  |
| Lap 8           | 3.25        | 18:46         | 5:46            | 3    | 0:56  | 9      | 2:13  | 26.00 | 2:26:52 | 5:38   | 3    | 3:31  | 9     | 21:01 |  |        |  |  |
| Lap 9           | 3.25        | 19:33         | 6:00            | 3    | 1:22  | 11     | 2:01  | 29.25 | 2:46:25 | 5:41   | 3    | 4:53  | 9     | 23:02 |  |        |  |  |
| Lap 10          | 3.25        | 20:16         | 6:14            | 3    | 1:22  | 9      | 2:37  | 32.50 | 3:06:41 | 5:44   | 3    | 6:15  | 9     | 25:39 |  |        |  |  |
| Lap 11          | 3.25        | 19:39         | 6:02            | 3    | 0:25  | 9      | 1:50  | 35.75 | 3:26:20 | 5:46   | 3    | 6:40  | 9     | 26:43 |  |        |  |  |
| Lap 12          | 3.25        | 18:57         | 5:49            | 1    | -     | 5      | 1:19  | 39.00 | 3:45:17 | 5:46   | 3    | 5:54  | 9     | 26:22 |  |        |  |  |
| Last lap Finish | 3.25        | 18:25         | 5:40            | 1    | -     | 7      | 1:48  | 42.25 | 4:03:42 | 5:46   | 3    | 5:06  | 9     | 28:10 |  |        |  |  |