



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Siebe, Birte

Club: Lübbecker Berglöwen

Number: 151

Course: 42.25 km

Marathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 4:11:01

Speed: 10.04 km/h

Running performance: 5:56 min/km

Rank in course/Total: 147 (of 250)

Rank in course/Women: 6 (of 38)

Best time in course: 3:35:32

Rank in category: 1(of 2)

Best time in the category: 4:11:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:04	5:15	1	-	5	1:31	3.25	17:04	5:15	1	-	5	1:31
Lap 2	3.25	17:44	5:27	1	-	7	2:38	6.50	34:48	5:21	1	-	7	4:09
Lap 3	3.25	17:53	5:30	1	-	7	2:52	9.75	52:41	5:24	1	-	7	7:01
Lap 4	3.25	18:21	5:38	1	-	11	3:01	13.00	1:11:02	5:27	1	-	7	10:02
Lap 5	3.25	18:42	5:45	1	-	13	2:37	16.25	1:29:44	5:31	1	-	7	12:39
Lap 6	3.25	18:52	5:48	1	-	11	2:22	19.50	1:48:36	5:34	1	-	9	15:01
Lap 7	3.25	19:13	5:54	1	-	11	3:30	22.75	2:07:49	5:37	1	-	9	18:31
Lap 8	3.25	19:34	6:01	1	-	13	3:01	26.00	2:27:23	5:40	1	-	11	21:32
Lap 9	3.25	19:32	6:00	1	-	9	2:00	29.25	2:46:55	5:42	1	-	11	23:32
Lap 10	3.25	20:31	6:18	1	-	11	2:52	32.50	3:07:26	5:46	1	-	11	26:24
Lap 11	3.25	21:27	6:35	1	-	11	3:38	35.75	3:28:53	5:50	1	-	11	29:16
Lap 12	3.25	20:57	6:26	1	-	11	3:19	39.00	3:49:50	5:53	1	-	11	30:55
Last lap Finish	3.25	21:11	6:31	1	-	15	4:34	42.25	4:11:01	5:56	1	-	11	35:29