



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Hamel, Jasmin

Club: TV Stierstadt

Number: 166

Course: 42.25 km

Marathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 4:13:51

Speed: 9.93 km/h

Running performance: 6:01 min/km

Rank in course/Total: 157 (of 250)

Rank in course/Women: 7 (of 38)

Best time in course: 3:35:32

Rank in category: 2(of 14)

Best time in the category: 3:47:06

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.25	18:04	5:33	5	1:31	15	2:31	3.25	18:04	5:33	5	1:31	15	2:31
Lap 2	3.25	17:55	5:30	3	1:17	9	2:49	6.50	35:59	5:32	5	2:48	15	5:20
Lap 3	3.25	18:06	5:34	3	1:00	11	3:05	9.75	54:05	5:32	3	3:48	11	8:25
Lap 4	3.25	18:07	5:34	3	0:54	9	2:47	13.00	1:12:12	5:33	3	4:42	9	11:12
Lap 5	3.25	18:18	5:37	3	1:24	11	2:13	16.25	1:30:30	5:34	3	6:06	11	13:25
Lap 6	3.25	18:53	5:48	3	1:38	13	2:23	19.50	1:49:23	5:36	3	7:44	13	15:48
Lap 7	3.25	19:19	5:56	3	2:02	13	3:36	22.75	2:08:42	5:39	3	9:46	13	19:24
Lap 8	3.25	19:24	5:58	3	2:10	11	2:51	26.00	2:28:06	5:41	3	11:56	13	22:15
Lap 9	3.25	20:15	6:13	3	2:33	13	2:43	29.25	2:48:21	5:45	3	14:29	13	24:58
Lap 10	3.25	20:41	6:21	3	2:15	13	3:02	32.50	3:09:02	5:48	3	16:44	13	28:00
Lap 11	3.25	21:30	6:36	3	3:33	13	3:41	35.75	3:30:32	5:53	3	20:17	13	30:55
Lap 12	3.25	22:06	6:48	3	3:15	15	4:28	39.00	3:52:38	5:57	3	23:32	13	33:43
Last lap Finish	3.25	21:13	6:31	5	3:13	17	4:36	42.25	4:13:51	6:00	3	26:45	13	38:19