



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Brandt, Frank

Club: Team B Karlshorst

Number: 127

Course: 42.25 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 4:16:01

Speed: 9.90 km/h

Running performance: 6:04 min/km

Rank in course/Total: 161 (of 250)

Rank in course/Men: 74 (of 212)

Best time in course: 2:57:03

Rank in category: 5(of 16)

Best time in the category: 4:03:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:19	5:38	9	2:02	161	5:28	3.25	18:19	5:38	9	2:02	161	5:28
Lap 2	3.25	19:17	5:56	15	2:23	185	6:24	6.50	37:36	5:47	11	3:40	177	11:52
Lap 3	3.25	19:14	5:55	13	1:56	185	6:24	9.75	56:50	5:49	11	5:36	177	18:16
Lap 4	3.25	19:48	6:05	15	2:09	191	6:42	13.00	1:16:38	5:53	13	7:45	187	24:58
Lap 5	3.25	19:35	6:01	13	1:52	181	6:52	16.25	1:36:13	5:55	13	9:07	183	31:20
Lap 6	3.25	19:53	6:07	13	1:53	181	6:43	19.50	1:56:06	5:57	13	10:39	183	38:03
Lap 7	3.25	18:59	5:50	5	0:44	149	5:36	22.75	2:15:05	5:56	13	10:59	183	43:39
Lap 8	3.25	18:58	5:50	7	0:27	133	18:14	26.00	2:34:03	5:55	13	11:06	179	48:59
Lap 9	3.25	19:23	5:57	5	0:38	127	5:40	29.25	2:53:26	5:55	11	10:54	171	54:34
Lap 10	3.25	19:41	6:03	5	0:28	113	5:56	32.50	3:13:07	5:56	11	10:50	163	1:00:03
Lap 11	3.25	20:07	6:11	3	0:48	113	6:22	35.75	3:33:14	5:57	11	10:49	151	1:05:27
Lap 12	3.25	21:17	6:32	9	1:40	127	7:42	39.00	3:54:31	6:00	9	11:49	153	1:12:04
Last lap Finish	3.25	21:30	6:36	11	2:11	143	7:38	42.25	4:16:01	6:03	9	12:41	147	1:18:58