



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Kolasa, Pierre

Club: Bucklige Brotspinne

Number: 49

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:15:44

Speed: 9.85 km/h

Running performance: 6:03 min/km

Rank in course/Total: 159 (of 250)

Rank in course/Men: 73 (of 212)

Best time in course: 2:57:03

Rank in category: 16(of 38)

Best time in the category: 3:00:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:18	5:19	25	3:38	95	4:27	3.25	17:18	5:19	25	3:38	95	4:27
Lap 2	3.25	17:34	5:24	27	3:52	123	4:41	6.50	34:52	5:21	25	7:30	113	9:08
Lap 3	3.25	17:41	5:26	29	3:34	119	4:51	9.75	52:33	5:23	27	11:04	119	13:59
Lap 4	3.25	17:59	5:31	27	4:02	123	4:53	13.00	1:10:32	5:25	27	14:59	115	18:52
Lap 5	3.25	18:02	5:32	29	5:19	123	5:19	16.25	1:28:34	5:27	27	19:04	115	23:41
Lap 6	3.25	18:03	5:33	31	4:04	129	4:53	19.50	1:46:37	5:28	27	23:08	113	28:34
Lap 7	3.25	17:57	5:31	27	4:03	105	4:34	22.75	2:04:34	5:28	27	27:11	113	33:08
Lap 8	3.25	18:35	5:43	25	4:30	115	17:51	26.00	2:23:09	5:30	29	31:41	121	38:05
Lap 9	3.25	19:52	6:06	29	6:09	139	6:09	29.25	2:43:01	5:34	29	37:50	125	44:09
Lap 10	3.25	21:22	6:34	31	7:37	155	7:37	32.50	3:04:23	5:40	31	45:27	131	51:19
Lap 11	3.25	23:40	7:16	35	9:55	177	9:55	35.75	3:28:03	5:49	31	55:22	137	1:00:16
Lap 12	3.25	26:03	8:00	35	12:28	191	12:28	39.00	3:54:06	6:00	31	1:07:50	151	1:11:39
Last lap Finish	3.25	21:38	6:39	33	7:46	147	7:46	42.25	4:15:44	6:03	31	1:15:36	145	1:18:41