



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Körner, Bernd

Club: LT Büchelstr.

Number: 81

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:17:20

Speed: 9.79 km/h

Running performance: 6:05 min/km

Rank in course/Total: 165 (of 250)

Rank in course/Men: 76 (of 212)

Best time in course: 2:57:03

Rank in category: 24(of 64)

Best time in the category: 3:13:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Lap 1	3.25	16:44	5:08	17	3:09	75	3:53	3.25	16:44	5:08	17	3:09	75	3:53
Lap 2	3.25	16:35	5:06	17	3:00	69	3:42	6.50	33:19	5:07	15	6:09	67	7:35
Lap 3	3.25	16:42	5:08	13	2:35	65	3:52	9.75	50:01	5:07	13	8:44	65	11:27
Lap 4	3.25	17:04	5:15	25	3:02	89	3:58	13.00	1:07:05	5:09	17	11:46	75	15:25
Lap 5	3.25	17:21	5:20	29	3:11	97	4:38	16.25	1:24:26	5:11	19	14:57	77	19:33
Lap 6	3.25	17:41	5:26	33	3:32	105	4:31	19.50	1:42:07	5:14	21	18:29	81	24:04
Lap 7	3.25	18:19	5:38	43	3:40	127	4:56	22.75	2:00:26	5:17	23	22:09	87	29:00
Lap 8	3.25	19:35	6:01	45	4:51	147	18:51	26.00	2:20:01	5:23	29	27:00	95	34:57
Lap 9	3.25	20:33	6:19	49	5:27	157	6:50	29.25	2:40:34	5:29	35	32:23	107	41:42
Lap 10	3.25	21:36	6:38	51	6:09	167	7:51	32.50	3:02:10	5:36	39	38:20	115	49:06
Lap 11	3.25	24:40	7:35	59	9:32	187	10:55	35.75	3:26:50	5:47	43	46:37	131	59:03
Lap 12	3.25	25:30	7:50	57	10:26	185	11:55	39.00	3:52:20	5:57	45	55:40	145	1:09:53
Last lap Finish	3.25	25:00	7:41	57	10:18	179	11:08	42.25	4:17:20	6:05	47	1:04:16	151	1:20:17