



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Gänßbauer, Florian

Club: VfL Wampenhausen

Number: 145

Course: 42.25 km

Marathon

Category:

Männer (20-29 Jahre)

Total time: 4:24:11

Speed: 9.54 km/h

Running performance: 6:15 min/km

Rank in course/Total: 177 (of 250)

Rank in course/Men: 82 (of 212)

Best time in course: 2:57:03

Rank in category: 3(of 12)

Best time in the category: 3:28:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km				
Lap 1	3.25	19:00	5:50	7	4:20	183	6:09	3.25	19:00	5:50	7	4:20	183	6:09
Lap 2	3.25	18:28	5:40	7	4:20	157	5:35	6.50	37:28	5:45	7	8:40	169	11:44
Lap 3	3.25	19:06	5:52	9	4:43	183	6:16	9.75	56:34	5:48	7	13:23	173	18:00
Lap 4	3.25	17:42	5:26	5	3:10	117	4:36	13.00	1:14:16	5:42	7	16:33	165	22:36
Lap 5	3.25	18:39	5:44	7	4:05	159	5:56	16.25	1:32:55	5:43	7	20:38	165	28:02
Lap 6	3.25	19:47	6:05	7	5:05	177	6:37	19.50	1:52:42	5:46	7	25:43	169	34:39
Lap 7	3.25	18:57	5:49	5	4:09	147	5:34	22.75	2:11:39	5:47	5	29:52	165	40:13
Lap 8	3.25	19:29	5:59	5	3:09	145	18:45	26.00	2:31:08	5:48	5	33:01	157	46:04
Lap 9	3.25	20:15	6:13	5	3:45	149	6:32	29.25	2:51:23	5:51	5	36:46	157	52:31
Lap 10	3.25	21:27	6:35	7	4:40	159	7:42	32.50	3:12:50	5:56	5	41:11	161	59:46
Lap 11	3.25	23:15	7:09	7	6:11	173	9:30	35.75	3:36:05	6:02	5	46:12	163	1:08:18
Lap 12	3.25	24:07	7:25	7	7:07	167	10:32	39.00	4:00:12	6:09	5	51:27	165	1:17:45
Last lap Finish	3.25	23:59	7:22	5	7:48	165	10:07	42.25	4:24:11	6:15	5	55:26	163	1:27:08