



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Scharfenberg, Jörg

Club: Barchfeld

Number: 58

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:25:07

Speed: 9.51 km/h

Running performance: 6:16 min/km

Rank in course/Total: 181 (of 250)

Rank in course/Men: 84 (of 212)

Best time in course: 2:57:03

Rank in category: 28(of 64)

Best time in the category: 3:13:04

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 18:16 | 5:37 | 49 | 4:41 | 159 | 5:25 | 3.25 | 18:16 | 5:37 | 49 | 4:41 | 159 | 5:25 |
| Lap 2 | 3.25 | 17:35 | 5:24 | 43 | 4:00 | 125 | 4:42 | 6.50 | 35:51 | 5:30 | 45 | 8:41 | 137 | 10:07 |
| Lap 3 | 3.25 | 17:43 | 5:27 | 39 | 3:36 | 121 | 4:53 | 9.75 | 53:34 | 5:29 | 41 | 12:17 | 127 | 15:00 |
| Lap 4 | 3.25 | 17:35 | 5:24 | 33 | 3:33 | 107 | 4:29 | 13.00 | 1:11:09 | 5:28 | 39 | 15:50 | 121 | 19:29 |
| Lap 5 | 3.25 | 17:32 | 5:23 | 33 | 3:22 | 105 | 4:49 | 16.25 | 1:28:41 | 5:27 | 37 | 19:12 | 117 | 23:48 |
| Lap 6 | 3.25 | 17:56 | 5:31 | 39 | 3:47 | 117 | 4:46 | 19.50 | 1:46:37 | 5:28 | 35 | 22:59 | 113 | 28:34 |
| Lap 7 | 3.25 | 18:01 | 5:32 | 37 | 3:22 | 113 | 4:38 | 22.75 | 2:04:38 | 5:28 | 35 | 26:21 | 115 | 33:12 |
| Lap 8 | 3.25 | 19:07 | 5:52 | 43 | 4:23 | 135 | 18:23 | 26.00 | 2:23:45 | 5:31 | 41 | 30:44 | 125 | 38:41 |
| Lap 9 | 3.25 | 21:20 | 6:33 | 53 | 6:14 | 167 | 7:37 | 29.25 | 2:45:05 | 5:38 | 45 | 36:54 | 135 | 46:13 |
| Lap 10 | 3.25 | 23:24 | 7:11 | 55 | 7:57 | 183 | 9:39 | 32.50 | 3:08:29 | 5:47 | 45 | 44:39 | 147 | 55:25 |
| Lap 11 | 3.25 | 25:48 | 7:56 | 61 | 10:40 | 197 | 12:03 | 35.75 | 3:34:17 | 5:59 | 53 | 54:04 | 159 | 1:06:30 |
| Lap 12 | 3.25 | 26:05 | 8:01 | 61 | 11:01 | 193 | 12:30 | 39.00 | 4:00:22 | 6:09 | 55 | 1:03:42 | 169 | 1:17:55 |
| Last lap Finish | 3.25 | 24:45 | 7:36 | 55 | 10:03 | 175 | 10:53 | 42.25 | 4:25:07 | 6:16 | 55 | 1:12:03 | 167 | 1:28:04 |