



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Sültz, Mareike

Club: TV Urbar

Number: 150

Course: 42.25 km

Marathon

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 4:28:35

Speed: 9.38 km/h

Running performance: 6:22 min/km

Rank in course/Total: 197 (of 250)

Rank in course/Women: 11 (of 38)

Best time in course: 3:35:32

Rank in category: 1(of 2)

Best time in the category: 4:28:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:40	5:44	1	-	17	3:07	3.25	18:40	5:44	1	-	17	3:07
Lap 2	3.25	18:50	5:47	1	-	19	3:44	6.50	37:30	5:46	1	-	17	6:51
Lap 3	3.25	19:14	5:55	1	-	21	4:13	9.75	56:44	5:49	1	-	21	11:04
Lap 4	3.25	18:49	5:47	1	-	15	3:29	13.00	1:15:33	5:48	1	-	19	14:33
Lap 5	3.25	18:53	5:48	1	-	15	2:48	16.25	1:34:26	5:48	1	-	19	17:21
Lap 6	3.25	19:23	5:57	1	-	15	2:53	19.50	1:53:49	5:50	1	-	19	20:14
Lap 7	3.25	20:55	6:26	1	-	21	5:12	22.75	2:14:44	5:55	1	-	19	25:26
Lap 8	3.25	21:36	6:38	1	-	23	5:03	26.00	2:36:20	6:00	1	-	19	30:29
Lap 9	3.25	21:37	6:39	1	-	19	4:05	29.25	2:57:57	6:05	1	-	19	34:34
Lap 10	3.25	22:17	6:51	1	-	21	4:38	32.50	3:20:14	6:09	1	-	19	39:12
Lap 11	3.25	23:23	7:11	1	-	25	5:34	35.75	3:43:37	6:15	1	-	19	44:00
Lap 12	3.25	23:23	7:11	1	-	27	5:45	39.00	4:07:00	6:19	1	-	19	48:05
Last lap Finish	3.25	21:35	6:38	1	-	19	4:58	42.25	4:28:35	6:21	1	-	21	53:03