



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Steinbrecher, Diethard

Club: 100 Marathon Club

Number: 132

Course: 42.25 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 4:29:39

Speed: 9.35 km/h

Running performance: 6:23 min/km

Rank in course/Total: 201 (of 250)

Rank in course/Men: 90 (of 212)

Best time in course: 2:57:03

Rank in category: 4(of 8)

Best time in the category: 4:06:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	18:59	5:50	5	2:24	181	6:08	3.25	18:59	5:50	5	2:24	181	6:08
Lap 2	3.25	19:40	6:03	7	2:22	195	6:47	6.50	38:39	5:56	7	4:46	195	12:55
Lap 3	3.25	19:56	6:08	7	2:41	193	7:06	9.75	58:35	6:00	7	7:27	195	20:01
Lap 4	3.25	19:58	6:08	7	3:06	195	6:52	13.00	1:18:33	6:02	7	10:33	195	26:53
Lap 5	3.25	20:05	6:10	7	2:24	191	7:22	16.25	1:38:38	6:04	7	12:57	195	33:45
Lap 6	3.25	20:42	6:22	7	2:42	187	7:32	19.50	1:59:20	6:07	7	15:39	195	41:17
Lap 7	3.25	20:35	6:19	7	2:10	181	7:12	22.75	2:19:55	6:09	7	17:49	191	48:29
Lap 8	3.25	21:04	6:28	7	2:07	177	20:20	26.00	2:40:59	6:11	7	19:56	193	55:55
Lap 9	3.25	21:42	6:40	7	2:44	175	7:59	29.25	3:02:41	6:14	7	21:33	191	1:03:49
Lap 10	3.25	21:13	6:31	5	1:50	151	7:28	32.50	3:23:54	6:16	7	21:03	189	1:10:50
Lap 11	3.25	21:35	6:38	5	2:17	143	7:50	35.75	3:45:29	6:18	7	19:52	187	1:17:42
Lap 12	3.25	21:55	6:44	5	2:51	139	8:20	39.00	4:07:24	6:20	7	19:12	183	1:24:57
Last lap Finish	3.25	22:15	6:50	5	3:37	153	8:23	42.25	4:29:39	6:22	7	22:49	179	1:32:36