



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Rudolph, André

Club: CHAKRA TEAM Cottbus

Number: 107

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:33:19

Speed: 9.22 km/h

Running performance: 6:28 min/km

Rank in course/Total: 203 (of 250)

Rank in course/Men: 91 (of 212)

Best time in course: 2:57:03

Rank in category: 13(of 36)

Best time in the category: 3:06:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:15	5:55	31	5:09	189	6:24	3.25	19:15	5:55	31	5:09	189	6:24
Lap 2	3.25	20:31	6:18	31	6:23	203	7:38	6.50	39:46	6:07	31	11:32	203	14:02
Lap 3	3.25	20:07	6:11	29	5:43	199	7:17	9.75	59:53	6:08	31	17:15	201	21:19
Lap 4	3.25	21:59	6:45	35	7:52	211	8:53	13.00	1:21:52	6:17	33	25:07	205	30:12
Lap 5	3.25	20:12	6:12	27	6:07	193	7:29	16.25	1:42:04	6:16	31	31:14	203	37:11
Lap 6	3.25	20:45	6:23	27	6:43	189	7:35	19.50	2:02:49	6:17	31	37:57	201	44:46
Lap 7	3.25	21:19	6:33	27	7:26	193	7:56	22.75	2:24:08	6:20	31	45:23	201	52:42
Lap 8	3.25	0:44	0:13	1	-	1	-	26.00	2:24:52	5:34	21	32:16	131	39:48
Lap 9	3.25	21:24	6:35	25	7:18	171	7:41	29.25	2:46:16	5:41	23	39:34	139	47:24
Lap 10	3.25	20:39	6:21	21	6:22	135	6:54	32.50	3:06:55	5:45	23	45:56	137	53:51
Lap 11	3.25	20:51	6:24	21	5:51	135	7:06	35.75	3:27:46	5:48	23	51:47	135	59:59
Lap 12	3.25	24:19	7:28	25	9:04	173	10:44	39.00	3:52:05	5:57	23	1:00:51	141	1:09:38
Last lap Finish	3.25	41:14	12:41	35	26:01	211	27:22	42.25	4:33:19	6:28	25	1:26:52	181	1:36:16