



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Obermeier, Bernadette

Club: Team Bittel

Number: 158

Course: 42.25 km

Marathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 4:35:44

Speed: 9.14 km/h

Running performance: 6:32 min/km

Rank in course/Total: 209 (of 250)

Rank in course/Women: 13 (of 38)

Best time in course: 3:35:32

Rank in category: 4(of 10)

Best time in the category: 3:58:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Women	Cat.	Women	km	Time	min/km	Cat.	Cat.	Women	Women			
Lap 1	3.25	19:46	6:04	9		1:57	33	4:13	3.25	19:46	6:04	9		1:57	33	4:13	
Lap 2	3.25	19:53	6:07	9		1:57	29	4:47	6.50	39:39	6:05	9		3:54	31	9:00	
Lap 3	3.25	20:14	6:13	9		2:20	29	5:13	9.75	59:53	6:08	9		5:44	31	14:13	
Lap 4	3.25	20:34	6:19	9		2:55	29	5:14	13.00	1:20:27	6:11	9		7:49	31	19:27	
Lap 5	3.25	20:57	6:26	9		3:48	31	4:52	16.25	1:41:24	6:14	9		11:07	31	24:19	
Lap 6	3.25	22:27	6:54	9		5:00	31	5:57	19.50	2:03:51	6:21	9		16:07	31	30:16	
Lap 7	3.25	23:34	7:15	9		5:47	33	7:51	22.75	2:27:25	6:28	9		21:54	31	38:07	
Lap 8	3.25	20:38	6:20	5		2:48	15	4:05	26.00	2:48:03	6:27	9		24:42	31	42:12	
Lap 9	3.25	20:22	6:15	5		2:11	15	2:50	29.25	3:08:25	6:26	9		26:53	29	45:02	
Lap 10	3.25	20:47	6:23	5		1:53	15	3:08	32.50	3:29:12	6:26	7		28:46	27	48:10	
Lap 11	3.25	22:05	6:47	5		2:51	17	4:16	35.75	3:51:17	6:28	7		31:37	25	51:40	
Lap 12	3.25	21:38	6:39	5		2:41	13	4:00	39.00	4:12:55	6:29	5		33:32	23	54:00	
Last lap Finish	3.25	22:49	7:01	7		4:24	29	6:12	42.25	4:35:44	6:31	7		37:08	25	1:00:12	