



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Wojciechowski, Cornelia

Club: SV Kyffhäuser

Number: 164

Course: 42.25 km

Marathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 4:37:09

Speed: 9.09 km/h

Running performance: 6:34 min/km

Rank in course/Total: 213 (of 250)

Rank in course/Women: 14 (of 38)

Best time in course: 3:35:32

Rank in category: 5(of 14)

Best time in the category: 3:47:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:40	5:44	7	2:07	17	3:07	3.25	18:40	5:44	7	2:07	17	3:07
Lap 2	3.25	19:28	5:59	9	2:50	27	4:22	6.50	38:08	5:51	9	4:57	27	7:29
Lap 3	3.25	19:34	6:01	9	2:28	27	4:33	9.75	57:42	5:55	9	7:25	27	12:02
Lap 4	3.25	19:53	6:07	9	2:40	25	4:33	13.00	1:17:35	5:58	9	10:05	27	16:35
Lap 5	3.25	20:10	6:12	7	3:16	21	4:05	16.25	1:37:45	6:00	9	13:21	27	20:40
Lap 6	3.25	20:44	6:22	9	3:29	23	4:14	19.50	1:58:29	6:04	9	16:50	25	24:54
Lap 7	3.25	21:29	6:36	9	4:12	25	5:46	22.75	2:19:58	6:09	9	21:02	23	30:40
Lap 8	3.25	21:36	6:38	9	4:22	23	5:03	26.00	2:41:34	6:12	9	25:24	23	35:43
Lap 9	3.25	22:50	7:01	9	5:08	29	5:18	29.25	3:04:24	6:18	9	30:32	25	41:01
Lap 10	3.25	23:11	7:08	9	4:45	29	5:32	32.50	3:27:35	6:23	9	35:17	25	46:33
Lap 11	3.25	23:55	7:21	11	5:58	29	6:06	35.75	3:51:30	6:28	9	41:15	27	51:53
Lap 12	3.25	23:25	7:12	11	4:34	29	5:47	39.00	4:14:55	6:32	9	45:49	27	56:00
Last lap Finish	3.25	22:14	6:50	9	4:14	23	5:37	42.25	4:37:09	6:33	9	50:03	27	1:01:37