



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Bogacz, Rico

Club: Delmenhorst

Number: 147

Course: 42.25 km

Marathon

Category:

Männer (20-29 Jahre)

Total time: 4:38:37

Speed: 9.10 km/h

Running performance: 6:35 min/km

Rank in course/Total: 215 (of 250)

Rank in course/Men: 94 (of 212)

Best time in course: 2:57:03

Rank in category: 5(of 12)

Best time in the category: 3:28:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:13	4:59	5	1:33	61	3:22	3.25	16:13	4:59	5	1:33	61	3:22
Lap 2	3.25	17:16	5:18	5	3:08	105	4:23	6.50	33:29	5:09	5	4:41	69	7:45
Lap 3	3.25	18:39	5:44	5	4:16	163	5:49	9.75	52:08	5:20	5	8:57	109	13:34
Lap 4	3.25	18:53	5:48	9	4:21	163	5:47	13.00	1:11:01	5:27	5	13:18	119	19:21
Lap 5	3.25	19:04	5:51	9	4:30	171	6:21	16.25	1:30:05	5:32	5	17:48	135	25:12
Lap 6	3.25	21:23	6:34	11	6:41	199	8:13	19.50	1:51:28	5:42	5	24:29	163	33:25
Lap 7	3.25	22:01	6:46	9	7:13	201	8:38	22.75	2:13:29	5:52	9	31:42	175	42:03
Lap 8	3.25	23:51	7:20	11	7:31	205	23:07	26.00	2:37:20	6:03	9	39:13	185	52:16
Lap 9	3.25	24:40	7:35	11	8:10	203	10:57	29.25	3:02:00	6:13	9	47:23	189	1:03:08
Lap 10	3.25	24:13	7:27	9	7:26	191	10:28	32.50	3:26:13	6:20	9	54:34	191	1:13:09
Lap 11	3.25	24:53	7:39	11	7:49	195	11:08	35.75	3:51:06	6:27	9	1:01:13	191	1:23:19
Lap 12	3.25	23:23	7:11	5	6:23	159	9:48	39.00	4:14:29	6:31	9	1:05:44	189	1:32:02
Last lap Finish	3.25	24:08	7:25	7	7:57	167	10:16	42.25	4:38:37	6:35	9	1:09:52	187	1:41:34