



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Trambo, Uwe

Club: Peewee

Number: 13

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 4:47:37

Speed: 8.76 km/h

Running performance: 6:49 min/km

Rank in course/Total: 225 (of 250)

Rank in course/Men: 97 (of 212)

Best time in course: 2:57:03

Rank in category: 9(of 20)

Best time in the category: 2:57:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km				
Lap 1	3.25	21:06	6:29	19	8:15	209	8:15	3.25	21:06	6:29	19	8:15	209	8:15
Lap 2	3.25	22:23	6:53	19	9:30	211	9:30	6.50	43:29	6:41	19	17:45	211	17:45
Lap 3	3.25	21:23	6:34	19	8:33	209	8:33	9.75	1:04:52	6:39	19	26:18	211	26:18
Lap 4	3.25	20:23	6:16	17	7:17	199	7:17	13.00	1:25:15	6:33	19	33:35	209	33:35
Lap 5	3.25	21:34	6:38	19	8:21	207	8:51	16.25	1:46:49	6:34	19	41:56	207	41:56
Lap 6	3.25	21:40	6:40	17	8:30	201	8:30	19.50	2:08:29	6:35	19	50:26	207	50:26
Lap 7	3.25	21:00	6:27	17	7:37	189	7:37	22.75	2:29:29	6:34	19	58:03	207	58:03
Lap 8	3.25	21:25	6:35	17	7:47	189	20:41	26.00	2:50:54	6:34	17	1:05:50	205	1:05:50
Lap 9	3.25	23:18	7:10	17	9:30	191	9:35	29.25	3:14:12	6:38	17	1:15:20	205	1:15:20
Lap 10	3.25	22:45	7:00	15	8:33	179	9:00	32.50	3:36:57	6:40	17	1:23:53	203	1:23:53
Lap 11	3.25	22:32	6:56	15	7:49	167	8:47	35.75	3:59:29	6:41	17	1:31:42	199	1:31:42
Lap 12	3.25	23:15	7:09	15	8:35	157	9:40	39.00	4:22:44	6:44	17	1:40:17	195	1:40:17
Last lap Finish	3.25	24:53	7:39	17	10:17	177	11:01	42.25	4:47:37	6:48	17	1:50:34	193	1:50:34