



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Klein, Hajo

Club: Multisport Darmstadt
Number: 69

Course: 42.25 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:55:11

Speed: 8.54 km/h
Running performance: 6:59 min/km

Rank in course/Total: 237 (of 250)

Rank in course/Men: 102 (of 212)

Best time in course: 2:57:03

Rank in category: 32(of 64)

Best time in the category: 3:13:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:25	5:58	63	5:50	197	6:34	3.25	19:25	5:58	63	5:50	197	6:34
Lap 2	3.25	19:50	6:06	63	6:15	197	6:57	6.50	39:15	6:02	63	12:05	199	13:31
Lap 3	3.25	20:00	6:09	63	5:53	197	7:10	9.75	59:15	6:04	63	17:58	199	20:41
Lap 4	3.25	20:32	6:19	63	6:30	201	7:26	13.00	1:19:47	6:08	63	24:28	197	28:07
Lap 5	3.25	20:38	6:20	63	6:28	197	7:55	16.25	1:40:25	6:10	63	30:56	197	35:32
Lap 6	3.25	22:08	6:48	63	7:59	205	8:58	19.50	2:02:33	6:17	63	38:55	199	44:30
Lap 7	3.25	21:34	6:38	63	6:55	197	8:11	22.75	2:24:07	6:20	63	45:50	199	52:41
Lap 8	3.25	24:10	7:26	63	9:26	207	23:26	26.00	2:48:17	6:28	63	55:16	203	1:03:13
Lap 9	3.25	23:41	7:17	61	8:35	193	9:58	29.25	3:11:58	6:33	63	1:03:47	201	1:13:06
Lap 10	3.25	24:15	7:27	61	8:48	193	10:30	32.50	3:36:13	6:39	63	1:12:23	201	1:23:09
Lap 11	3.25	26:26	8:07	63	11:18	203	12:41	35.75	4:02:39	6:47	63	1:22:26	203	1:34:52
Lap 12	3.25	25:37	7:52	59	10:33	187	12:02	39.00	4:28:16	6:52	63	1:31:36	203	1:45:49
Last lap Finish	3.25	26:55	8:16	61	12:13	191	13:03	42.25	4:55:11	6:59	63	1:42:07	203	1:58:08