



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Jüttner, Martin

Club: SV 06 Oetinghausen

Number: 1037

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 46:58

Speed: 11.50 km/h

Running performance: 4:49 min/km

Rank in course/Total: 97 (of 326)

Rank in course/Men: 46 (of 246)

Best time in course: 34:12

Rank in category: 7(of 40)

Best time in the category: 34:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:33	4:28	13	3:30	85	3:30	3.25	14:33	4:28	13	3:30	85	3:30
Lap 2	3.25	16:02	4:56	13	4:24	91	4:25	6.50	30:35	4:42	13	7:54	85	7:54
Last lap Finish	3.25	16:23	5:02	15	4:52	97	4:54	9.75	46:58	4:49	13	12:46	91	12:46