



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Mühling, Nico

Club: TSV Mellrichstadt

Number: 1008

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 38:50

Speed: 13.91 km/h

Running performance: 3:59 min/km

Rank in course/Total: 13 (of 326)

Rank in course/Men: 6 (of 246)

Best time in course: 34:12

Rank in category: 2(of 18)

Best time in the category: 38:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	11:56	3:40	1	-	7	0:53	3.25	11:56	3:40	1	-	7	0:53
Lap 2	3.25	13:15	4:04	1	-	9	1:38	6.50	25:11	3:52	1	-	7	2:30
Last lap Finish	3.25	13:39	4:12	3	0:44	19	2:10	9.75	38:50	3:58	3	0:22	11	4:38