



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Tänzer, Mirko

Club: Meuchelmörder

Number: 1015

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 47:26

Speed: 11.38 km/h

Running performance: 4:52 min/km

Rank in course/Total: 103 (of 326)

Rank in course/Men: 48 (of 246)

Best time in course: 34:12

Rank in category: 7(of 24)

Best time in the category: 39:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:32	4:28	11	1:51	81	3:29	3.25	14:32	4:28	11	1:51	81	3:29
Lap 2	3.25	16:26	5:03	13	2:59	99	4:49	6.50	30:58	4:45	11	4:50	93	8:17
Last lap Finish	3.25	16:28	5:03	13	2:59	99	4:59	9.75	47:26	4:51	13	7:49	95	13:14