



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Martienßen, Thomas

Club: Freiberger PSV

Number: 1076

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 47:40

Speed: 11.33 km/h

Running performance: 4:53 min/km

Rank in course/Total: 107 (of 326)

Rank in course/Men: 50 (of 246)

Best time in course: 34:12

Rank in category: 7(of 46)

Best time in the category: 39:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:50	4:52	21	3:38	123	4:47	3.25	15:50	4:52	21	3:38	123	4:47
Lap 2	3.25	15:59	4:55	13	2:37	89	4:22	6.50	31:49	4:53	15	6:15	105	9:08
Last lap Finish	3.25	15:51	4:52	13	2:06	87	4:22	9.75	47:40	4:53	13	8:21	99	13:28