



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Schmidt, Gunnar

Club: SC Neuenstein

Number: 1040

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 48:24

Speed: 11.16 km/h

Running performance: 4:58 min/km

Rank in course/Total: 111 (of 326)

Rank in course/Men: 52 (of 246)

Best time in course: 34:12

Rank in category: 9(of 40)

Best time in the category: 34:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:46	4:32	15	3:43	89	3:43	3.25	14:46	4:32	15	3:43	89	3:43
Lap 2	3.25	16:32	5:05	19	4:54	105	4:55	6.50	31:18	4:48	15	8:37	97	8:37
Last lap Finish	3.25	17:06	5:15	17	5:35	119	5:37	9.75	48:24	4:57	17	14:12	103	14:12