



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Wiesemann, Karl-Heinz

Club: Waltershausen

Number: 1102

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 48:31

Speed: 11.13 km/h

Running performance: 4:59 min/km

Rank in course/Total: 113 (of 326)

Rank in course/Men: 53 (of 246)

Best time in course: 34:12

Rank in category: 3(of 26)

Best time in the category: 44:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:23	4:44	5	1:46	103	4:20	3.25	15:23	4:44	5	1:46	103	4:20
Lap 2	3.25	16:34	5:05	5	1:08	107	4:57	6.50	31:57	4:54	5	2:54	107	9:16
Last lap Finish	3.25	16:34	5:05	5	0:53	103	5:05	9.75	48:31	4:58	5	3:47	105	14:19