



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Gäbe, Enrico

Club: SV Kyffhäuser

Number: 1009

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 38:28

Speed: 14.04 km/h

Running performance: 3:57 min/km

Rank in course/Total: 9 (of 326)

Rank in course/Men: 5 (of 246)

Best time in course: 34:12

Rank in category: 1(of 18)

Best time in the category: 38:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:04	3:42	3	0:08	13	1:01	3.25	12:04	3:42	3	0:08	13	1:01
Lap 2	3.25	13:29	4:08	3	0:14	19	1:52	6.50	25:33	3:55	3	0:22	11	2:52
Last lap Finish	3.25	12:55	3:58	1	-	7	1:26	9.75	38:28	3:56	1	-	9	4:16