



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Enge, Uwe

Club: TSG Ruhla/ RSV 03

Number: 1082

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 49:19

Speed: 10.95 km/h

Running performance: 5:04 min/km

Rank in course/Total: 123 (of 326)

Rank in course/Men: 57 (of 246)

Best time in course: 34:12

Rank in category: 10(of 46)

Best time in the category: 39:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:10	4:58	23	3:58	139	5:07	3.25	16:10	4:58	23	3:58	139	5:07
Lap 2	3.25	16:47	5:09	19	3:25	115	5:10	6.50	32:57	5:04	19	7:23	125	10:16
Last lap Finish	3.25	16:22	5:02	15	2:37	95	4:53	9.75	49:19	5:03	19	10:00	113	15:07