



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Guck, Petra

Club: Mellrichstadt

Number: 1143

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 49:28

Speed: 10.92 km/h

Running performance: 5:04 min/km

Rank in course/Total: 127 (of 326)

Rank in course/Women: 6 (of 80)

Best time in course: 38:41

Rank in category: 1(of 10)

Best time in the category: 49:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:21	4:43	1	-	11	3:04	3.25	15:21	4:43	1	-	11	3:04
Lap 2	3.25	16:57	5:12	1	-	9	3:45	6.50	32:18	4:58	1	-	9	6:49
Last lap Finish	3.25	17:10	5:16	1	-	13	3:58	9.75	49:28	5:04	1	-	11	10:47