



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Ickler, Matthias

Club: TG Rotenburg

Number: 1111

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 49:53

Speed: 10.83 km/h

Running performance: 5:07 min/km

Rank in course/Total: 129 (of 326)

Rank in course/Men: 59 (of 246)

Best time in course: 34:12

Rank in category: 9(of 22)

Best time in the category: 34:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	16:07	4:57	17	4:47	131	5:04	3.25	16:07	4:57	17	4:47	131	5:04
Lap 2	3.25	16:58	5:13	17	5:21	123	5:21	6.50	33:05	5:05	17	10:08	129	10:24
Last lap Finish	3.25	16:48	5:10	17	5:19	113	5:19	9.75	49:53	5:06	17	15:27	117	15:41