



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Gangeler, Stefan

Club: TV Urbar

Number: 1059

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 50:38

Speed: 10.66 km/h

Running performance: 5:11 min/km

Rank in course/Total: 151 (of 326)

Rank in course/Men: 68 (of 246)

Best time in course: 34:12

Rank in category: 12(of 42)

Best time in the category: 38:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:21	5:01	25	4:19	143	5:18	3.25	16:21	5:01	25	4:19	143	5:18
Lap 2	3.25	17:10	5:16	23	4:01	129	5:33	6.50	33:31	5:09	23	8:20	139	10:50
Last lap Finish	3.25	17:07	5:15	21	3:58	123	5:38	9.75	50:38	5:11	23	12:18	135	16:26