



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Leser, Reiner

Club: erlebnisbergwerk

Number: 1180

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 51:09

Speed: 10.56 km/h

Running performance: 5:15 min/km

Rank in course/Total: 153 (of 326)

Rank in course/Men: 69 (of 246)

Best time in course: 34:12

Rank in category: 6(of 26)

Best time in the category: 44:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:03	5:14	17	3:26	159	6:00	3.25	17:03	5:14	17	3:26	159	6:00
Lap 2	3.25	17:19	5:19	11	1:53	133	5:42	6.50	34:22	5:17	17	5:19	149	11:41
Last lap Finish	3.25	16:47	5:09	7	1:06	109	5:18	9.75	51:09	5:14	11	6:25	137	16:57