



# 9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

## Detailed evaluation

Dr. Rödel, Christian

Club: alexs little running club

Number: 1026

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 51:46

Speed: 10.43 km/h

Running performance: 5:19 min/km

Rank in course/Total: 157 (of 326)

Rank in course/Men: 71 (of 246)

Best time in course: 34:12

Rank in category: 9(of 24)

Best time in the category: 39:37

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:35	5:24	19	4:54	177	6:32	3.25	17:35	5:24	19	4:54	177	6:32
Lap 2	3.25	19:54	6:07	21	6:27	205	8:17	6.50	37:29	5:46	19	11:21	195	14:48
Last lap Finish	3.25	14:17	4:23	3	0:48	35	2:48	9.75	51:46	5:18	17	12:09	141	17:34