



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Reith, Steffen

Club: Schwalmtal

Number: 1024

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 52:07

Speed: 10.36 km/h

Running performance: 5:21 min/km

Rank in course/Total: 163 (of 326)

Rank in course/Men: 74 (of 246)

Best time in course: 34:12

Rank in category: 10(of 24)

Best time in the category: 39:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:21	5:01	17	3:40	143	5:18	3.25	16:21	5:01	17	3:40	143	5:18
Lap 2	3.25	17:44	5:27	17	4:17	147	6:07	6.50	34:05	5:14	17	7:57	147	11:24
Last lap Finish	3.25	18:02	5:32	19	4:33	161	6:33	9.75	52:07	5:20	19	12:30	147	17:55