



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Bick, Adrian

Club: Bebra

Number: 1168

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 45:06

Speed: 11.97 km/h

Running performance: 4:38 min/km

Rank in course/Total: 67 (of 326)

Rank in course/Men: 32 (of 246)

Best time in course: 34:12

Rank in category: 7(of 22)

Best time in the category: 34:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	13:45	4:13	13	2:25	51	2:42	3.25	13:45	4:13	13	2:25	51	2:42
Lap 2	3.25	15:33	4:47	13	3:56	73	3:56	6.50	29:18	4:30	13	6:21	59	6:37
Last lap Finish	3.25	15:48	4:51	15	4:19	83	4:19	9.75	45:06	4:37	13	10:40	63	10:54